

# March

## Inner Studios Pilot Schedule

### Week 1: Workshop (Everyone)

- ❖ Sunday, March 7<sup>th</sup> at 3:00-4:30 p.m. PST

### Week 2: Individual Assignment

### Week 3: Cohorts (4-5 participants plus a coach)

- ❖ Cohort 1: Sunday, March 21<sup>st</sup> at 3:00-4:30 p.m. PST
- ❖ Cohort 2: Monday, March 22<sup>nd</sup> at 4:00-5:30 p.m. PST
- ❖ Cohort 3: Wednesday, March 24<sup>th</sup> at 11:30 a.m. -1:00 p.m. PST
- ❖ Cohort 4: Friday, March 26<sup>th</sup> at 8:00-9:30 a.m. PST

**Note:** You will receive a Zoom calendar invite for all 3 monthly workshops and your cohort. In the meantime, save the dates relevant to you on your calendar.

# April

### Week 1: Workshop (Everyone)

- ❖ Sunday\*, April 4<sup>th</sup> at 3:00-4:30 p.m. PST

### Week 2: Individual Assignment

### Week 3: Cohorts (4-5 participants plus a coach)

- ❖ Cohort 1: Sunday, April 18<sup>th</sup> at 3:00-4:30 p.m. PST
- ❖ Cohort 2: Monday, April 19<sup>th</sup> at 4:00-5:30 p.m. PST
- ❖ Cohort 3: Wednesday, April 21<sup>st</sup> at 11:30 a.m. -1:00 p.m. PST
- ❖ Cohort 4: Friday, April 23<sup>rd</sup> at 8:00-9:30 a.m. PST

**\*Note: The April workshop lands on Easter Sunday.** We will record this session for any who cannot attend. We know this is usually a family day but we also know in these COVID times, our holidays have a different rhythm. So, we decided to stay with the schedule.

# May

### Week 1: Workshop (Everyone)

Sunday, May 2<sup>nd</sup> at 3:00-4:30 p.m. PST

### Week 2: Individual Assignment

### Week 3: Cohorts (4-5 participants plus a coach)

- ❖ Cohort 1: Sunday, May 16<sup>th</sup> at 3:00-4:30 p.m. PST
- ❖ Cohort 2: Monday, May 17<sup>th</sup> at 4:00-5:30 p.m. PST
- ❖ Cohort 3: Wednesday, May 19<sup>th</sup> at 11:30 a.m. -1:00 p.m. PST
- ❖ Cohort 4: Friday, May 21<sup>st</sup> at 8:00-9:30 a.m. PST

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